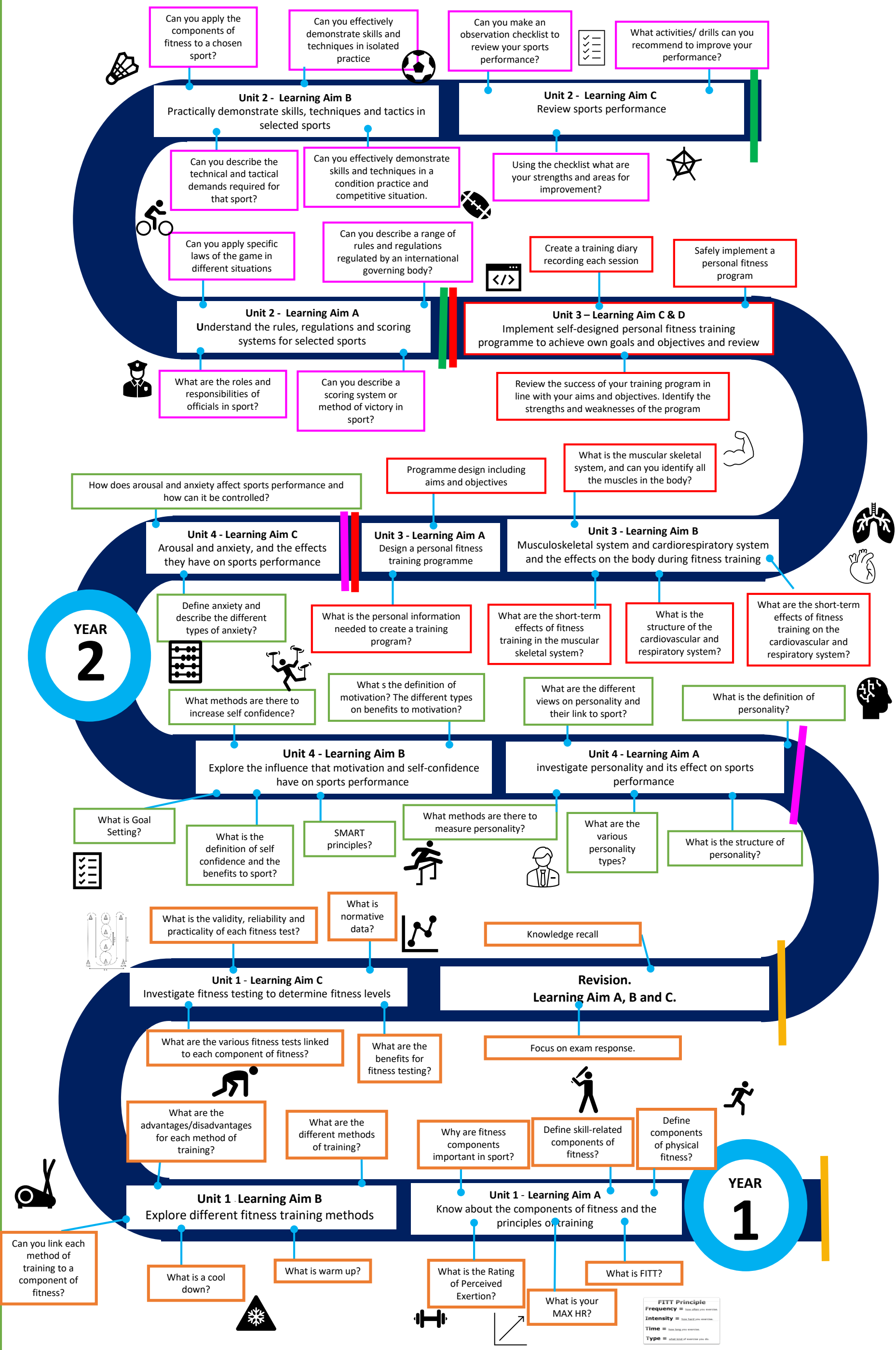




BTEC SPORT LEVEL 2

LEARNING JOURNEY



Unit 1: Fitness for Sport and Exercise
Unit 2: Practical Performance in Sport
Unit 3: Applying the Principles of Personal Training
Unit 4: The Mind and Sports Performance