



“For the body is not one member, but many.”  
(1 Corinthians 12:14)

**Daily prayers w/c 4<sup>th</sup> March 2024**

## Prepare for Prayer...

- Be still
- Let's take a moment of silence before we begin.



# The 'Word'

Monday 4<sup>th</sup> March  
3<sup>rd</sup> Week of Lent: CHARITY

CST Theme:  
Preferential Option  
for the Poor

## Time to pray...let's gather.....

## Our Catholic Life calendar: w/c 4<sup>th</sup> March



Our theme for the week: Charity

### Other Faiths and Cultures

**3 March - Japanese festival HINAMATSURI (雛祭り)** also called Doll's Day or Girls' Day, is a religious (Shinto) holiday in Japan. Clay dolls representing the Emperor and Empress, are displayed in the home, and offerings of peach blossom, rice-wine and rice-cakes are placed before them. The dolls carry away any illness which is afflicting the daughters of the house, for whom prayers are offered.



### *What's on this week in Chaplaincy.....*

Wednesday - **Prayer Group** - in the Chapel at 12.40pm (run by Chika Y11)

Thursday - **Mass** in the Chapel at 12.40pm

Friday - **Youth SVP Group** - in the Chapel at 12.45pm

Advance notice - Thursday 14<sup>th</sup> March  
Confession will be available in school, please call into the Chaplaincy office to book a time.

Our Father,  
Who art in heaven,  
Hallowed be Thy Name.  
Thy Kingdom come,  
Thy Will be done,  
On earth as it is in  
Heaven.  
Give us this day, our  
daily bread,  
And forgive us our  
trespasses,  
as we forgive those  
who trespass against us.  
And lead us not into  
temptation,  
but deliver us from evil.  
Amen

Our Father, We offer  
you all of our  
thoughts, words and  
actions,  
Joys and sorrows  
today.  
We ask Mary our  
mother, to present our  
offerings to you,  
through Jesus Christ  
our Lord, Amen.



# The 'Word'

Monday 4<sup>th</sup> March

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## The Gospel – John 2:13-25

It was almost time for the Jewish Passover Feast. So, Jesus went to Jerusalem. In the Temple he found men selling cattle, sheep, and doves. He saw others sitting at tables, exchanging money. Jesus made a whip out of cords. Then he forced all these men, with the sheep and cattle, to leave the Temple. He turned over the tables and scattered the money of the men who were exchanging it. Then he said to those who were selling pigeons, "Take these things out of here! Don't make my Father's house a place for buying and selling!". When this happened the followers remembered what was written in the Scriptures: "My strong love for your Temple completely controls me." The Jews said to Jesus, "Show us a miracle for a sign. Prove that you have the right to do these things." Jesus answered, "Destroy this temple, and I will build it again in three days." The Jews answered, "Men worked 46 years to build this Temple! Do you really believe you can build it again in three days?" (But the temple Jesus meant was his own body. After Jesus was raised from death, his followers remembered that Jesus had said this. Then they believed the Scripture and the words Jesus said.) Jesus was in Jerusalem for the Passover Feast. Many people believed in him because they saw the miracles he did. But Jesus did not believe in them because he knew them all. He did not need anyone to tell him about people. Jesus knew what was in a person's mind.

## Understanding the Gospel:

At Passover, Jesus went to Jerusalem and found the temple was being used for commercial purposes. Jesus drove the people out of the temple because they were buying and selling things and lending money. Instead of respecting God's house, they were treating it like marketplace.

This is quite a shocking story as it is one of the few times, we see Jesus angry.

He was so angry he drove the people out, cleansing the temple of all their wrong-doing.



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# Seasons Tuesday

Tuesday 5<sup>th</sup> March  
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We are nearly half way through Lent but how much do we actually know about what it all means? Watch the clip below .....

<https://www.youtube.com/watch?v=Xo1mjuj1NA0>

Let us pray .....



"Lent is the favorable  
season for renewing our  
encounter with Christ,  
living in his word, in the  
sacraments and in our  
neighbor."

- Pope Francis

God, I pray for  
my prayer life to become  
vibrant and strong in this season  
of Lent. I pray that Your voice,  
even though a whisper, would  
ring loud and true in my life.  
I pray for the courage and  
boldness to follow wherever  
You lead me, to love and serve  
whomever and however  
You invite me.

Amen.





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# Wednesday Saints

Wednesday 6<sup>th</sup> March

3<sup>rd</sup> Week of Lent: CHARITY

**CST Theme:  
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## 7<sup>th</sup> March is the feast day of Saint Perpetua and Saint Felicity

Saint Perpetua was a noblewoman, and Saint Felicity was a slave. They met in prison when they were both arrested for being Christians.

The guards treated them badly, and Perpetua's father kept trying to change her mind. If they said they were not Christian, they would live. But Perpetua and Felicity knew that loving God was more important than anything else on earth, so they stayed strong and stayed close to God.

Perpetua and Felicity died standing side-by-side. They loved God so much that they gave up their families and friends to give God the greatest gift possible: their lives. If we find it hard to love God during difficult times, we can pray to Him for strength. He loves us, guides us, and will always be there for us, just as He loved and guided Saints Perpetua and Felicity. They were executed in the year 203.

### Why is Saint Perpetua important?

Both her martyrdom and its account have been highly revered by ancient and modern Christians. Her text is one of the rare surviving documents written by a woman in the ancient world.

**What do you think?**

**St Perpetua's writings survived from ancient times. If you could pass something on for future generations, what would it be?**



# Wednesday Saints

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CST Theme:  
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*What's on this  
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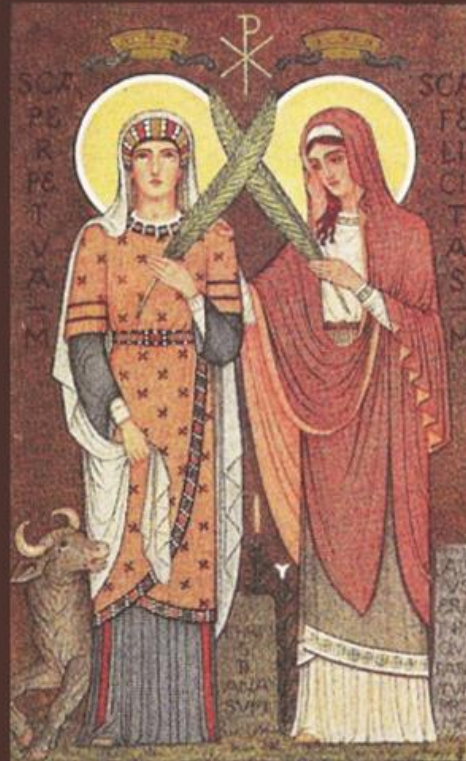
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Sts. Perpetua and Felicity  
are the patron saints of  
mothers, expectant  
mothers, ranchers and  
butchers.



Saints Perpetua & Felicity  
Martyred c.203  
Memorial - 7 March

We ask St Perpetua and St Felicity to add their prayers  
to ours as we pray for those in need today.

Let us pray .....

Almighty and most merciful God,  
we remember before You all poor and  
neglected people, whom it would be  
easy for us to forget:  
the homeless and the destitute,  
the old and the sick,  
and all who have none to care for them.  
Help us to heal those who are broken  
in body or spirit,  
and to turn their sorrow into joy.  
Grant this, Father, for the love of Your Son,  
who for our sake became poor,  
Jesus Christ our Lord.  
Amen

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# CST Thursday

Thursday 7<sup>th</sup> March

3<sup>rd</sup> Week of Lent: CHARITY

**CST Theme:  
Preferential Option  
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## Let us pray ....

Lord God,  
You came to give honour to the least, those forgotten, overlooked and misjudged.

You came to give first place to the last, those left behind, misunderstood and undervalued.

You came to give a warm welcome to the lost, those who are orphaned, abandoned and destitute.

Help us to be Your ears to listen to their cries.  
Help us to be Your voice speaking out with love and acceptance.

Help us to be Your feet walking beside those in need. Help us to be Your hands to clothe, feed and shelter them.

You came for the least, the lost and last of this world.

Lord, hear our prayer.  
Amen

**AN INDIVIDUAL HAS NOT  
STARTED LIVING UNTIL HE CAN  
RISE ABOVE THE NARROW  
CONFINES OF HIS INDIVIDUALISTIC  
CONCERNS TO THE BROADER  
CONCERNS OF ALL HUMANITY.**

**-MARTIN LUTHER KING, JR.**

## Today marks the end of Universal Human Beings Week –

One of the most important ways people connect is through their humanity. Literature, history, art, and music all expand on human emotion and life experiences and in a world full of definitions, love is what defines the best in humanity.

Universal Human Beings week takes the time to reflect on these ideas and encourages people to take action, promoting human rights and making impactful changes that help communities everywhere.

Universal Human Beings Week was founded by the International Society of Friendship and Good Will, an organisation that aims to improve human rights and understanding, remaining neutral in politics and religion, and thus supporting all members no matter their background.

How can we use our humanity to make impactful changes for all in our society? Maybe the challenges below will help us.....

This week why not try:

### **FASTING FROM**

***Fast from constant activity***

***Fast from discontent***

***Fast from difference***

### **FEASTING ON**

***: Feast on slowing down***

***: Feast on gratitude***

***: Feast on unity with others***



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# Examen Friday

Friday 8<sup>th</sup> March  
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## The Examen

Lent is a time when we try again to redirect our lives to love God more deeply. We are now used to how we pray the Examen so during Lent we will reflect a little more deeply on what we have done and ways we can improve. On the next slide we take a moment to reflect while listening to the music.

## Praying the Examen in Lent



A time to REPENT



*Be kind and compassionate  
to one another,  
forgiving each other,  
just as in Christ  
God forgave you.*

*--Ephesians 4:32*



# Examen Friday

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## Give thanks:

What has happened to make you feel blessed? Take a moment to give thanks to God for providing you with these blessings



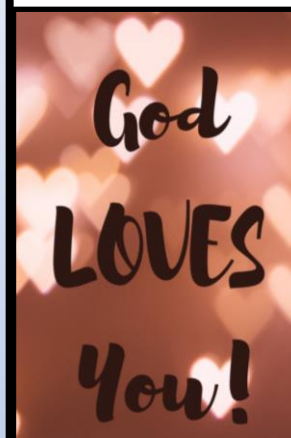
## Prepare for prayer.

We take a moment to pray the Examen together. Place your hands together, you can put your head on the desk if you wish! As you listen to the song reflect on the five stages .



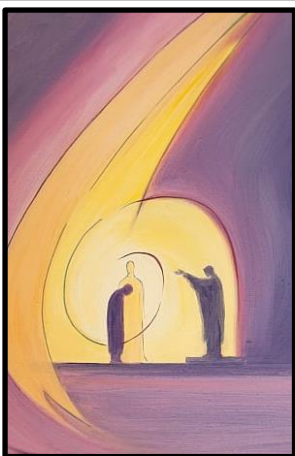
## Resolve to change:

Ask God to guide you by placing all your concerns, dreams and plans in His hands, knowing and trusting in His plan for your life. Pray that this Lent you will learn to listen to Jesus.



## Ask for light:

Be aware of God with you now and ask to become more conscious of His presence in your daily life.



## Examine the day:

Be honest about your day. Ask the Holy Spirit to help you to recognise when you didn't live God's plan for your life, when made the wrong choice, or hurt someone by your actions...



## Seek forgiveness:

Ask God for forgiveness, for the strength and grace to say sorry, to change, to be less selfish. Ask for the wisdom to find a way to better handle such challenging moments in the future.

