



“For the body is not one member, but many.”
(1 Corinthians 12:14)

Daily prayers w/c 8th April 2024

Prepare for Prayer...

- Be still
- Let's take a moment of silence before we begin.



The 'Word'

Monday 8th April

2nd Week of Easter: ALLELUIA!

CST Theme: Dignity of Work and Rights of Workers

Time to pray...let's gather.....

Our Catholic Life calendar: w/c 8th April



Our theme for the week: ALLELUIA!

Our Father, We offer you all of our thoughts, words and actions, Joys and sorrows today.

We ask Mary our mother, to present our offerings to you, through Jesus Christ our Lord, Amen.

Our Father,
Who art in heaven,
Hallowed be Thy Name.
Thy Kingdom come,
Thy Will be done,
On earth as it is
in Heaven.
Give us this day,
our daily bread,
And forgive us
our trespasses,
as we forgive those
who trespass against us.
And lead us not into
temptation,
but deliver us from evil.
Amen

Other Faiths and Cultures

8 Apr - HANAMATSURI - Buddhist

This flower festival marks the Japanese celebration of the Buddha Shakyamuni's birthday, which Mahayana Buddhists fix at 565 BCE. The flowers accentuate the tradition that the Buddha was born in a garden, so floral shrines are made, and an image of the infant Buddha is set in it and bathed.

10 Apr - EID-UL-FITR [Feast of Fast Breaking] - Muslim

This is a time for making gifts to the poor. It is especially a time for new clothes, good food, and presents for children. Families get together and contact friends. The community assembles for Eid prayer and a sermon at its mosques. The traditional greeting is 'Eid Mubarak' – 'a happy and blessed Eid'.



What's on this week in Chaplaincy.....

Wed - Prayer Group – in the Chapel at 12.40pm (run by Chika Y11)

Thurs – Mass in the Chapel at 12.40pm

Fri – Youth SVP Group – in the Chapel at 12.40pm

The 'Word'

Monday 8th April

2nd Week of Easter: ALLELUIA!

**CST Theme: Dignity
of Work and Rights
of Workers**

Today's Gospel – Luke 1:26-38

In the sixth month the angel Gabriel was sent by God to a town in Galilee called Nazareth, to a virgin engaged to a man whose name was Joseph, of the house of David. The virgin's name was Mary. And he came to her and said, "Greetings, favoured one! The Lord is with you." But she was much perplexed by his words and pondered what sort of greeting this might be. The angel said to her, "Do not be afraid, Mary, for you have found favour with God. And now, you will conceive in your womb and bear a son, and you will name him Jesus. He will be great, and will be called the Son of the Most High, and the Lord God will give to him the throne of his ancestor David. He will reign over the house of Jacob forever, and of his kingdom there will be no end." Mary said to the angel, "How can this be, since I am a virgin?" The angel said to her, "The Holy Spirit will come upon you, and the power of the Most High will overshadow you; therefore the child to be born will be holy; he will be called Son of God. And now, your relative Elizabeth in her old age has also conceived a son; and this is the sixth month for her who was said to be barren. For nothing will be impossible with God." Then Mary said, "Here am I, the servant of the Lord; let it be with me according to your word." Then the angel departed from her.

Understanding the Gospel:

We usually read the Gospel from Sunday but today is a special celebration – the Solemnity of the Annunciation of our Lord. The Annunciation is significant because of Mary's response to God's plan. Despite her initial confusion and fear, Mary says, "Let it be done to me according to your word," demonstrating her trust in God and her willingness to participate in his plan for

salvation. Mary's faithfulness and obedience to God makes her an important role model for us today.



Prepare for Prayer...

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Seasons Tuesday

Tuesday 9th April
2nd Week of Easter: ALLELUIA!

CST Theme: Dignity
of Work and Rights
of Workers

We are now in the season of Easter. Our liturgical colour is gold or white. This is because we are celebrating the Resurrection of our Lord Jesus, when He conquered death and rose again. The Easter season is fifty days from the Sunday of the Resurrection to Pentecost Sunday.

The first eight days of the Easter season make up the Octave of Easter and are celebrated as Solemnities of the Lord. It is a way of prolonging the joy of the initial day.

Part of the reason that Lent is 40 days and Easter is 50 is to remind us that no matter how long the fasting, no matter how long the preparation and waiting, the feasting and celebrating is longer. No matter how much suffering in the Passion, the Resurrection is greater.



Let us pray

Dear Lord,
Let us live today in Christ's Resurrection light.
Let us live by Your law of love,
extending mercy, compassion and joy.
Let us share the gifts You have given us,
practicing generosity, hospitality and love.
Let us live as Christ would have us live,
bringing freedom, justice and hope.
Amen

What's on this week in Chaplaincy.....

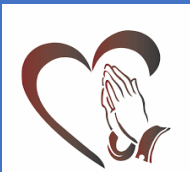
Wednesday - **Prayer Group** – in the Chapel at 12.40pm (run by Chika Y11)

Thursday – **Mass** in the Chapel at 12.40pm

Friday – **Youth SVP Group** – in the Chapel at 12.40pm

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Wednesday Saints

Wednesday 10th April
2nd Week of Easter: ALLELUIA!

CST Theme: Dignity of Work and Rights of Workers



Last Sunday was 'Divine Mercy' Sunday – this is a special day of devotion to Jesus and started because a humble Polish nun, St. Faustina received extraordinary revelations in the 1930s, which she recorded in her diary. St. Faustina received visions from Jesus, including one of Jesus wearing a white garment with beams of red and white coming from His heart, which came to be known as the image of Divine Mercy. Pope John Paul II declared the Sunday after Easter be called "Divine Mercy Sunday."

The Diary of St. Faustina Kowalska records 14 different occasions when Jesus revealed to her His desires concerning the Feast of Mercy (Divine Mercy Sunday).

Divine Mercy is when God's love meets us and helps us in the midst of our suffering and brokenness.

Nevertheless, Divine Mercy Sunday is NOT a feast based solely on St. Faustina's revelations. Indeed, it is not primarily about St. Faustina. The Second Sunday of Easter was already a Solemnity as the Octave Day of Easter. The title "Divine Mercy Sunday" does, however, highlight the meaning of the day.

Can you imagine what it would be like to have a vision of Jesus like St Faustina? How do you think you would feel?

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Today we pray one of St Faustina's prayers

*Help me, O Lord that my eyes may be merciful,
so that I may never suspect or judge from appearance,
but look for what is beautiful in my neighbour's soul.*

*Help me, O Lord, that my ears may be merciful,
so that I may give heed to my neighbour's needs.*

*Help me, O Lord, that my tongue may be merciful,
so that I should never speak negatively of my neighbour.*

*Help me, O Lord, that my hands may be merciful,
and filled with good deeds,
so that I may do only good to my neighbour.*

*Help me, O Lord, that my feet may be merciful,
so that I may hurry to assist my neighbour.*

*Help me, O Lord, that my heart may be merciful,
so that I myself may feel all the
sufferings of my neighbour.*

*May Your mercy, O Lord, rest upon me.
Amen*

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CST Thursday

Thursday 11th April

2nd Week of Easter: ALLELUIA!

CST Theme: Dignity of Work and Rights of Workers

Let us pray

Lord God,
we give You thanks for all that
You have made.

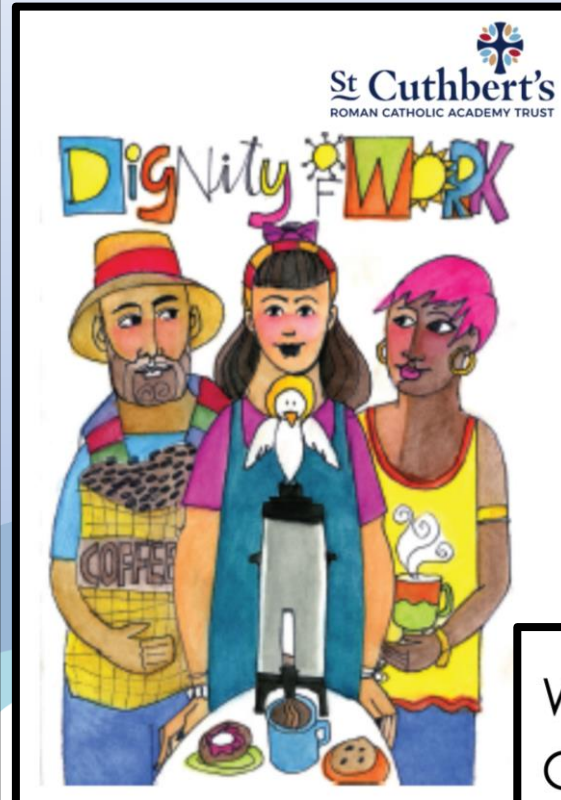
Let us rejoice, that through the power
of the Resurrection, all things
have been made new.

May this renewal inspire us to do
what we can to bring about a
change for the better in our lives
and in our world.

Risen Christ, we praise You and
give You thanks for Your glory
as we celebrate Your resurrection.

Fill our hearts with Your love,
so that we too may renew
the face of the earth.

Amen.



As we start a new term this week, we
change our Catholic Social Teaching
focus to “Dignity of Work and the Rights
of Workers”.

Watch the short explanation of what
this means ...

<https://www.youtube.com/watch?v=G2G8jGOva7Y>

Can you think of places around the
world where the rights of workers are

Work is important in
God's plan for adults
and their families, so
jobs and pay should
be fair.

not considered to
be important in the
pursuit of profit for
the owners of the
companies?

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Examen Friday

Friday 12th April

2nd Week of Easter: ALLELUIA!

CST Theme: Dignity
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The Examen

As you pray the Examen today invite the Holy Spirit to help you see Easter as God sees it. We often find ourselves celebrating Easter Sunday and then moving back into our daily routine. So think about the Easter season and the Resurrection that we are currently celebrating, and recognise how God has been present in the days since Easter Sunday. On the next slide we take a moment to reflect while listening to the music.



Examen Friday

Friday 12th April

2nd Week of Easter: ALLELUIA!

CST Theme: Dignity of Work and Rights of Workers

Give thanks:

What has happened to make you feel blessed? Take a moment to give thanks to God for providing you with these blessings.



Prepare for prayer.

We take a moment to pray the Examen together. Place your hands together, you can put your head on the desk if you wish! As you listen to the song reflect on the five stages.



Resolve to change:

Ask God to guide you by placing all your concerns, dreams and plans in his hands, knowing and trusting in His plan for your life. Try to listen to Jesus.



Examine the day:

Be honest about your day. Ask the Holy Spirit to help you to recognise when you didn't live God's plan for your life, when made the wrong choice, or hurt someone by your actions...



Ask for light:

Be aware of God with you now and ask to become more conscious of His presence in your daily life.



Seek forgiveness:

Ask God for forgiveness, for the strength and grace to say sorry, to change, to be less selfish. Ask for the wisdom to find a way to better handle such challenging moments in the future.

