

The Young Carers Wellbeing Grant



We know that caring for someone is a big commitment. It can often mean a young person put's their own needs last and their wellbeing takes a hit.

NHS Hull Clinical Commissioning Group and Hull City Council in partnership with KIDS Charity provide grants for individual Young People who provide care, assistance or support to another family member who may have a long term illness, disability, mental health difficulties or problems with drug or alcohol misuse.

The Young Carers Wellbeing grant supports young carers aged between 5 and 17 (up to their 18th birthday) who live in Hull. The Grant widens opportunities for young carers to explore their own interests and hobbies and improve their overall wellbeing. An application can be supported through the Hull City Council's Young Carer Project or any professional that is aware of the young person's caring responsibilities for example a teacher or health professional. A Young Carer can apply for a grant up to £300 to support an existing interest, a new hobby or buy a piece of equipment.

A young carer and their supporting professional can gain further information about The Young Carers Wellbeing Grant by going to:

hull.mylocaloffer.org and search: **Young Carers Wellbeing Grants.**

The Young Carers Grant Administrator can also support any queries via email: Hullwellbeing@kids.org.uk or telephone on : 01482 467 540

In partnership with

