



“For the body is not one member, but many.”  
(1 Corinthians 12:14)

**Daily prayers w/c 15<sup>th</sup> April 2024**

## Prepare for Prayer...

- Be still
- Let's take a moment of silence before we begin.



# The 'Word'

Monday 15<sup>th</sup> April  
3<sup>rd</sup> Week of Easter: MISSION

CST Theme: Dignity  
of Work and Rights  
of Workers

## Our Catholic Life calendar: w/c 15<sup>th</sup> April



Our theme for the week: MISSION

## Time to pray...let's gather.....

Our Father, we offer  
you all of our  
thoughts, words  
and actions,  
joys and sorrows  
today.

We ask Mary our  
mother, to present  
our offerings to you,  
through Jesus Christ  
our Lord, Amen.

Hail Mary,  
full of grace,  
the Lord is with thee.  
Blessed art thou  
amongst women,  
and blessed is the  
fruit of thy  
womb, Jesus.  
Holy Mary,  
Mother of God,  
pray for us  
sinners now  
and at the hour  
of our death.  
Amen

## What's on this week in Chaplaincy.....

Thurs – **Mass** in the  
Chapel at 12.40pm

Fri – **Youth SVP Group** – in  
the Chapel at 12.40pm

Let us now look at the Word of  
God from Sunday's Gospel ...



## Other Faiths and Cultures

### 14 April - Sikh festival - VAISAKHI / BAISAKHI

Vaisakhi, also pronounced Baisakhi marks the first day of the month of Vaisakh. It is seen as a spring harvest celebration primarily in Punjab and Northern India. Vaisakhi is also the festival which celebrates the founding of the Sikh community, the Khalsa, in 1699.

### 17 April - Hindu festival - RAMA NAVAMI

Rama Navami is a Hindu festival that celebrates the birth of Rama, one the most popularly revered deities in Hinduism, also known as the seventh avatar of Vishnu. He is often held as an emblem within Hinduism for being an ideal king and human through his righteousness, good conduct and virtue.

# The 'Word'

Monday 15<sup>th</sup> April

3<sup>rd</sup> Week of Easter: MISSION

**CST Theme: Dignity  
of Work and Rights  
of Workers**

## Today's Gospel – Luke 24:35-48

The disciples told their story of what had happened on the road and how they had recognised Jesus at the breaking of bread. They were still talking about all this when Jesus himself stood among them and said to them, 'Peace be with you!' In a state of alarm and fright, they thought they were seeing a ghost. But he said, 'Why are you so agitated, and why are these doubts rising in your hearts? Look at my hands and feet; yes, it is I indeed. Touch me and see for yourselves; a ghost has no flesh and bones as you can see I have.' And as he said this he showed them his hands and feet. Their joy was so great that they still could not believe it, and they stood there dumbfounded; so he said to them, 'Have you anything here to eat?' And they offered him a piece of grilled fish, which he took and ate before their eyes.

Then he told them, 'This is what I meant when I said, while I was still with you, that everything written about me in the Law of Moses, in the Prophets and in the Psalms has to be fulfilled.' He then opened their minds to understand the scriptures, and he said to them, 'So you see how it is written that the Christ would suffer and on the third day rise from the dead, and that, in his name, repentance for the forgiveness of sins would be preached to all the nations, beginning from Jerusalem. You are witnesses to this.'

## Understanding the Gospel:

The disciples recounted recognising Jesus. Jesus then appeared, offering peace and dispelling fears of his being a ghost by showing his hands and feet and eating fish, demonstrating his physical resurrection. He explained scripture prophecies about his suffering, resurrection, and the call to spread forgiveness in his name, affirming their roles as witnesses.



The theme reinforces the message of Easter as a time of renewal, hope, and spreading the Good News of Jesus Christ to the world.

## Prepare for Prayer...

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# Seasons Tuesday

Tuesday 16<sup>th</sup> April  
3<sup>rd</sup> Week of Easter: MISSION

CST Theme: Dignity  
of Work and Rights  
of Workers

Let us pray .....

We pray for missionaries serving in places hostile to the Gospel, that they may be sustained in their faith and joyful in their witness.

May the mission of Jesus be our constant joy.

May the Lord help us to share our faith with our brothers and sisters across the world.

May He grant us the grace to proclaim His Good News with courage.

Amen

*What's on this week in Chaplaincy.....*

Thursday – **Mass** in the Chapel at 12.40pm

Friday – **Youth SVP Group** – in the Chapel at 12.40pm

*During the Season of Easter, we think of renewal as the world comes back to life again. Take a moment to reflect on the poem below:*

### *The Seed*

*1. Every year we become the seed.  
We withdraw as the days shorten  
and the temperature drops.  
Cocooned indoors within our shell,  
we close our curtains  
and heap blankets on our beds  
to bury ourselves in the season.*

*2. Surprise reveals the first long day.  
Bright, low sun, first heard birdsong,  
clear as the air, and our smile,  
unbidden, cracks our shell.  
Life remembered, we laugh  
and are awakened as in The Spirit  
we return.*

*3. Revelation in the surprise,  
not in the grandeur of ceremony  
but in first snowdrop and crocus.  
All creation reveals its Creator  
and our smile, unbidden, cracks  
our shell.*



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# Wednesday Saints

Wednesday 17<sup>th</sup> April  
3<sup>rd</sup> Week of Easter: MISSION

**CST Theme: Dignity  
of Work and Rights  
of Workers**



What do you think? ...

Do you think that it is unusual that Mary would choose to appear to a poor teenager and to give such difficult challenges?

April 16<sup>th</sup> is the Feast day of St Bernadette

St Bernadette was a young girl who became famous for seeing visions of the Virgin Mary. She was born in 1844, in Lourdes, France, in a poor family. When she was 14 years old, something very special happened to her.

She was a shepherdess, spending much of her early life tending to her family's sheep in the countryside near Lourdes. Her humble beginnings as a shepherdess helped shape her simple, trusting faith.

In 1858, Bernadette saw a beautiful lady in a small cave near her town. This lady appeared 18 times. She told Bernadette to pray for sinners and asked for a chapel to be built at the site of the visions. The lady also showed Bernadette a hidden spring of water in the cave. This water became famous for its healing properties, and many people visit Lourdes every year to experience it.

This beautiful lady was Mary, the mother of Jesus.

# Wednesday Saints

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In 1933, Bernadette was canonised as a saint by the Catholic Church. Her feast day is celebrated on April 16, the day of her death. Today, Lourdes is one of the most popular pilgrimage sites in the world, and millions of people from all over the world come every year to seek healing and comfort at the site of Bernadette's apparitions.

Lourdes is a very different place these days, with many churches and a busy community. Every year a group from our school join others from the Diocese going to Lourdes – we go in service of others, those who are unwell or unable to go by themselves.



Today we ask St Bernadette to pray with us .....

St Bernadette,  
friend and servant of Mary,  
teach us how to be devoted.  
Devoted to doing good.  
Devoted to helping others.  
Devoted to Jesus, our brother.  
Devoted to His mother or father or both.  
So that we might learn what you learned,  
how to be a servant with humility  
and to dedicate our lives for the  
good of others.  
St Bernadette, pray for us on our path.  
Amen.

*What's on this week in Chaplaincy.....*

Thursday – **Mass** in the Chapel at 12.40pm

Friday – **Youth SVP Group** – in the Chapel at 12.40pm

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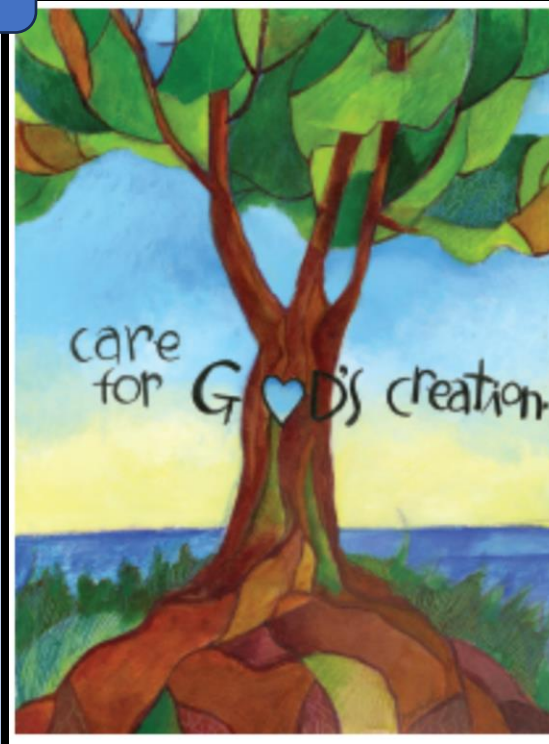
# CST Thursday

Thursday 18<sup>th</sup> April  
3<sup>rd</sup> Week of Easter: MISSION

CST Theme: Dignity  
of Work and Rights  
of Workers

Let us pray ....

Dear Lord,  
bless our beautiful land with  
its wonderful variety  
of people, races, cultures  
and languages.  
Let it be our mission to  
make our nation  
one of laughter and joy, of  
justice and reconciliation,  
of peace and unity,  
of compassion,  
caring and sharing.  
In the name of our  
Lord Jesus Christ,  
Amen.



This week we take a moment to look at why we should care for God's creation.

Take a moment to watch the video:

<https://www.youtube.com/watch?v=wSnXuCxiHXE>

In our place of work or learning we should have an awareness of the world around us. Environmental awareness means understanding that for the earth to thrive and survive, it needs to be protected. For that to happen, we must all have an awareness of the natural world and the impact of our choices and behaviours. Our actions can either be positive and support environmental well-being or be detrimental and cause it further harm. The act of making lifestyle changes to reduce any negative impact on the natural world is to be 'environmentally friendly'.

*How can we make it our mission to care for the world in our places of work and learning?*

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# Examen Friday

Friday 19<sup>th</sup> April

3<sup>rd</sup> Week of Easter: MISSION

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of Work and Rights  
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## The Examen

As you pray the Examen today invite the Holy Spirit to help you see Easter as God sees it. We often find ourselves celebrating Easter Sunday and then moving back into our daily routine. So, think about the Easter season and the Resurrection that we are currently celebrating, and recognise how God has been present in the days since Easter Sunday. On the next slide we take a moment to reflect while listening to the music.





# Examen Friday

Friday 19<sup>th</sup> April

3<sup>rd</sup> Week of Easter: MISSION

CST Theme: Dignity of Work and Rights of Workers

## Give thanks:

What has happened to make you feel blessed? Take a moment to give thanks to God for providing you with these blessings.



## Prepare for prayer.

We take a moment to pray the Examen together. Place your hands together, you can put your head on the desk if you wish! As you listen to the song reflect on the five stages.



## Resolve to change:

Ask God to guide you by placing all your concerns, dreams and plans in his hands, knowing and



trusting in His plan for your life. Try to listen to Jesus.

## Examine the day:

Be honest about your day. Ask the Holy Spirit to help you to recognise when you didn't live God's plan for your life, when made the wrong choice, or hurt someone by your actions...



## Ask for light:

Be aware of God with you now and ask to become more conscious of His presence in your daily life.



## Seek forgiveness:

Ask God for forgiveness, for the strength and grace to say sorry, to change, to be less selfish. Ask for the wisdom to find a way to better handle such challenging moments in the future.

