



RSE: Mapping Document September 2023

Below is the mapping document to demonstrate how PSHE and the broader curriculum meet the criteria for RSE.

Section 1: Family

| | RSE criteria. | Curriculum coverage |
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| Family | that there are different types of committed, stable relationships | RE Year 11: Relationships & Families PSHE Year 7 Session 2 Year 8 Session 8 Year 9 Session 2 & 3 Year 10 Session 2, 3, 6 & 8 Year 11 Session 2 & 3 English theme of relationships in the following texts: My Sister Lives on the Mantelpiece (Y7), Romeo and Juliet (Y7), Blood Brothers (Y8), Merchant of Venice (Y9), An Inspector Calls (Y10), A Christmas Carol (Y11), Poppies & Kamikaze (Y11) |
| | how these relationships might contribute to human happiness and their importance for bringing up children | RE Year 11: Relationships & Families PSHE Year 11: Session 3 English theme of relationships in the following texts: My Sister Lives on the Mantelpiece (Y7), Romeo and Juliet (Y7), Blood Brothers (Y8), An Inspector Calls (Y10), A Christmas Carol (Y11), Poppies & Kamikaze (Y11) |
| | that marriage and civil partnerships are, including their legal status e.g. that marriage and civil partnerships carry legal rights and protections not available to couples who are cohabiting or who have married, for example, in an unregistered religious ceremony | RE Year 11: Relationships & Families (in addition to examination content) PSHE Year 7 Session 7 Year 8 Session 3 |
| | why marriage is an important relationship choice for many couples and why it must be freely entered into | RE Year 11: Relationships & Families English theme of relationships/marriage in the following texts: Romeo and Juliet (Y7), Merchant of Venice (Y9). PSHE Year 10 Session 8 Year 11 Session 3 |

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| | the characteristics and legal status of other types of long-term relationships | RE Year 11: Relationships & Families |
| | the roles and responsibilities of parents with respect to raising of children, including the characteristics of successful parenting | RE Year 11: Relationships & Families PSHE Year 11: Session 3 English theme of parent/child relationships in the following texts: Romeo and Juliet (Y7), My Sister Lives on the Mantelpiece (Y7), An Inspector Calls (Y10), |
| | how to: determine whether peers, adults or sources of information are trustworthy, judge when a family, friend, intimate or other relationships is unsafe (and to recognise this in others' relationships); and, how to seek help or advice, including reporting concerns about others, if needed | PSHE session 1 Years 7 – 11 Year 7: Session 2, 3, 7 & 8 Year 8: Session 8 Year 9: Sessions 1, 2, 3 & 4 Year 10: Session 2 Year 11: Session 2 |

Section 2: Respectful relationships, including friendships

| | RSE criteria. | Curriculum coverage |
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| Respectful relationships, including friendships | the characteristics of positive and healthy friendships (in all contexts, including online) including: trust, respect, honesty, kindness, generosity, boundaries, privacy, consent and the management of conflict, reconciliation and ending relationships. This includes different (non-sexual) types of relationship. | PSHE Sessions 1 Years 7 – 11 PSHE Year 7 Session 2 Year 8 Session 8 Year 9 Sessions 2 & 3 Year 10 Sessions 2 & 5 Year 11 Session 2 English theme of friendship in the following texts: Romeo and Juliet (Y7), My Sister Lives on the Mantelpiece (Y7), Blood Brothers (Y8), The Merchant of Venice (Y9), A Christmas Carol (Y11). |
| | practical steps they can take in a range of different contexts to improve or support respectful relationships | RE Year 8: Are there limits to forgiveness? PSHE Year 7 Session 2 Year 9 Sessions 2 & 3 Year 10 Session 2 Year 11 Session 2 |

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| <p>how stereotypes, in particular stereotypes based on sex, gender, race, religion, sexual orientation or disability, can cause damage (e.g. how they might normalise non-consensual behaviour or encourage prejudice)</p> | <p>RE Year 11: Relationships and Families RE Year 9: Misconceptions of Islam PSHE Year 7 Sessions 4 & 7 Year 8 Sessions 2, 3 & 7 Year 9 Session 7 Literacy for Life – Spring Term Years 7-9 – Gender and Inequality. British Values Tutor Sessions Years 7-11 English: My Sister Lives on the Mantelpiece (y7), Merchant of Venice (y9).</p> |
| <p>that in school and in wider society they can expect to be treated with respect by others, and that in turn they should show due respect to others, including people in positions of authority and due tolerance of other people's beliefs</p> | <p>RE Year 7: Baseline module (mission statement) RE Year 8: Holocaust PSHE Year 7 Session 1, 2, 4 & 7 Year 8 Session 2, 3 & 7 Year 9 Session 3 & 7 Year 10 Session 2 & 7 Year 11 Session 2 English thematic units: Our Precious Planet/Other Cultures (Y9) Literacy for Life: Summer Term Years 7-9 – Inclusion & Diversity British Values Tutor Sessions Years 7-11</p> |
| <p>about different types of bullying (including cyberbullying), the impact of bullying, responsibilities of bystanders to report bullying and how and where to get help</p> | <p>PSHE Year 7 Session 2 Year 8 Sessions 2, 3 & 7 Year 9 Sessions 2 & 3 Tutor time sessions (National Online Safety adapted resources) years 7 - 11 English: MSL0TM (y7)</p> |
| <p>that some types of behaviour within relationships are criminal, including violent behaviour and coercive control</p> | <p>PSHE Year 7 Session 1 Year 9: Sessions 2 & 5 Year 10 Session 1 & 2 Year 11 Session 2 English: Animal Farm (Y9)</p> |
| <p>what constitutes sexual harassment and sexual violence and why these are always unacceptable</p> | <p>PSHE session 1 Years 7 – 11 Year 10 Session 2 Year 11 Session 2 English Key Texts: An Inspector Calls (Y10)</p> |

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| | the legal rights and responsibilities regarding equality (particularly with reference to the protected characteristics as defined in the Equality Act 2010) and that everyone is unique and equal | RE Year 11: Relationships and Families PSHE Year 7 Session 4 Year 8 Session 2, 3 & 7 Year 9 Session 7 See additional tracking document British Values Tutor Sessions Years 7-11 |
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Section 3: Online and Media

| | RSE criteria | Curriculum coverage |
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| Online and Media | their rights, responsibilities and opportunities online, including that the same expectations of behaviour apply in all contexts, including online. | PSHE session 1 Years 7 – 11 Year 7 Session 4 Year 8 Session 4 Year 9 Session 4 Year 10 Session 3 & 6 Tutor time sessions (National Online Safety adapted resources) years 7 - 11 |
| | about online risks, including that any material someone provides to another has the potential to be shared online and the difficulty of removing potentially compromising material placed online | PSHE Year 7 Session 3 Year 8 Session 4 Year 9 Session 4 Year 10 Session 3, 6 & 8 Tutor time sessions (National Online Safety adapted resources) years 7 - 11 |
| | not to provide material to others that they would not want shared further and not to share personal material which is sent to them | PSHE Year 7 Session 3 Year 8 Session 4 Year 9 Session 4 Year 10 Session 3 & 6 Tutor time sessions (National Online Safety adapted resources) years 7 - 11 |
| | what to do and where to get support to report material or manage issues online | PSHE Year 7 Session 6 Year 8 Session 4 Year 9 Session 4 Year 10 Session 6 Tutor time sessions (National Online Safety adapted resources) Years 7 - 11 |
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| | the impact of viewing harmful content | PSHE Year 7 Session 3 Year 9 Session 7 Year 10 Session 3 Tutor time sessions (National Online Safety adapted resources) years 7 – 11 |
| | that specifically sexually explicit material e.g. pornography presents a distorted picture of sexual behaviours, can damage the way people see themselves in relation to others and negatively affect how they behave towards sexual partners. | PSHE Year 9 Session 7 Year 10 Session 3 |
| | that sharing and viewing indecent images of children (including those created by children) is a criminal offence which carries severe penalties including jail. | PSHE Year 7 Session 3 Year 10 Session 3 Year 7 Assembly Humberside Police Tutor time sessions (National Online Safety adapted resources) years 7 - 11 |
| | how information and data is generated, collected, shared and used online | PSHE Year 8 Session 4 Year 9 Session 4 Tutor time sessions (National Online Safety adapted resources) years 7 - 11 |

Section 4: Being Safe

| | RSE criteria | Curriculum coverage |
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| Being safe | the concepts of, and laws relating to, sexual consent, sexual exploitation, abuse, grooming, coercion, harassment, rape, domestic abuse, forced marriage, honour-based violence and FGM, and how these can affect current and future relationships | PSHE Year 10 Session 8 |
| | how people can actively communicate and recognise consent from others, including sexual consent, and how and when consent can be withdrawn (on and offline) | PSHE Session 2 Years 7 – 11 Year 7 Session 1 & 8 Year 8 Session 8 Year 9 Session 3 Year 10 Session 8 |

Section 5: Intimate and sexual relationships, including sexual health

Intimate and sexual relationships, including sexual health

| | RSE criteria | Curriculum coverage |
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| | how to recognise the characteristics and positive aspects of healthy one-to-one intimate relationships, which include mutual respect, consent, loyalty, trust, shared interests and outlook, sex and friendship | PSHE Session 2 Years 7 – 11 Year 7 Session 8 Year 8 Session 8 Year 9 Session 3 & 8 Year 10 Session 8 Year 11: Session 2 English: Literacy for Life (Y9 – The Fault in Our Stars). |
| | that all aspects of health can be affected by choices they make in sex and relationships, positively or negatively, e.g. physical, emotional, mental, sexual and reproductive health and wellbeing | PSHE Year 9 Session 8 Year 11 Session 3 English: Literacy for Life (Y9 – The Fault in Our Stars). |
| | the facts about reproductive health, including fertility and the potential impact of lifestyle on fertility for men and women and menopause | Science Year 10: Managing fertility PSHE Year 11 Session 3 |
| | that there are a range of strategies for identifying and managing sexual pressure, including understanding peer pressure, resisting pressure and not pressuring others | PSHE Year 9 Sessions 2 & 3 Year 10 Session 2 Year 11 Sessions 2 & 6 |
| | that they have a choice to delay sex or to enjoy intimacy without sex | PSHE Year 11: Session 6 |
| | the facts about the full range of contraceptive choices and options available | Science Year 10: Methods of contraception RE Year 11: Relationships and Families |
| | the facts around pregnancy including miscarriage | Science Year 7: Pregnancy RE Year 11: Sanctity of Life |
| | that there are choices in relation to pregnancy (with medically and legally accurate, impartial information on all options, including keeping the baby, adoption, abortion and where to get further help) | RE Year 11: Religion and Life PSHE Year 11 Session 6 |
| | how the different sexually transmitted infections (STIs), including HIV/AIDs, are transmitted, how risk can be reduced through safer sex (including through condom use) and the importance of and facts about testing | Science Year 10: STI (communicable diseases) PSHE Year 11 Session 3 |
| | how prevalence of some STIs, the impact they can have on those who contract them and key facts about treatment | Science Year 10: STI (communicable diseases) PSHE Year 11 Session 3 |
| | how the use of alcohol and drugs can lead to risky sexual behaviour | PSHE Year 8 Session 1 Year 9 Sessions 1 & 6 English: An Inspector Calls (Y10) |
| | how to get further advice, including how and where to access confidential sexual and reproductive health advice and treatment | PSHE Year 11 Session 3 |

Section 6: Mental Well-Being

| | RSE criteria | Curriculum coverage |
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| Mental well-being | how to talk about their emotions accurately and sensitively, using appropriate vocabulary | PSHE Year 7 – 11 All Sessions English: Literacy for Life lessons – y7 Spirit of Life unit. |
| | that happiness is linked to being connected to others | PSHE Year 7 Session 2 Year 9 Session 3 English: Literacy for Life lessons – y7 Spirit of Life unit. |
| | how to recognise the early signs of mental wellbeing issues | PSHE Year 7 Session 6 Year 8 Session 6 Year 11 Session 1 |
| | common types of mental ill health (e.g. anxiety and depression) | PSHE Year 7 Session 6 Year 8 Session 6 Year 11 Session 1 |
| | how to critically evaluate when something they do or are involved in has a positive or negative effect on their own or others' mental health | PSHE Year 7 Session 6 Year 8 Session 6 Year 11 Session 1 |
| | the benefits and importance of physical exercise, time outdoors, community participation and voluntary and service-based activities on mental wellbeing and happiness. | PSHE Year 7: session 6 PSHE tutor time session Years 7 – 11 Core PE Curriculum (all lessons) |

Section 7: Family

| | RSE criteria | Curriculum |
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| Internet safety and harms | the similarities and differences between the online world and the physical world, including: the impact of unhealthy or obsessive comparison with others online (including through setting unrealistic expectations for body image), how people may curate a specific image of their life online, over-reliance on online relationships including social media, the risks related to online gambling including the accumulation of debt, how advertising and information is targeted at them and how to be a discerning consumer of information online. | PSHE Year 7 Session 1 Year 8 Session 6 Year 9 Session 7 Tutor time sessions (National Online Safety adapted resources) years 7 - 11 |
| | how to identify harmful behaviours online (including bullying, abuse or harassment) and how to report, or get support, if they have been affected by those behaviours | PSHE Year 7 Session 2 Year 8 Session 6 Year 9 Session 6 Tutor time sessions (National Online Safety adapted resources) years 7 - 11 |

Section 8: Physical Health and fitness

| | RSE criteria | Curriculum coverage |
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| Physical health and fitness | the positive associations between physical activity and promotion of mental wellbeing, including as an approach to combat stress | PSHE Year 7: session 6 Year 11: session 1 |
| | the characteristics and evidence of what constitutes a healthy lifestyle, maintaining a healthy weight, including the links between an inactive lifestyle and ill health, including cancer and cardiovascular ill-health | PE Years 7 - 8 PSHCE Year 7: session 4 Year 11: sessions 1 & 6 GCSE PE- Health, Fitness & Wellbeing Core PE Curriculum (all lessons) |
| | Facts about the science relating to blood, organ and stem cell donation acts about wider issues such as organ/blood donation | Enrichment summer term |

Section 9: Healthy Eating

| | RSE criteria | Curriculum coverage |
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| Healthy eating | how to maintain healthy eating and the links between a poor diet and health risks, including eating disorders and cancer | Science Year 8: Balanced diets Science Year 9: Effects of lifestyle on non-communicable diseases. PSHE Year 7 Sessions 1 & 6 Year 8 Session 6 GCSE PE- Health, Fitness & Wellbeing |

Section 10: Drugs, alcohol and tobacco

| | RSE criteria | Curriculum coverage |
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| Drugs, alcohol and tobacco | the facts about legal substances and illegal substances, including drug-taking, and the associated risks, including the link to serious mental health conditions | PSHE Year 8 Session 1 Year 9 Sessions 1 & 6 |
| | the law relating to the supply and possession of illegal substances | PSHE Year 8 Session 1 Year 9 Sessions 1 & 6 |
| | the physical and psychological risks associated with alcohol consumption and what constitutes low risk alcohol consumption in adulthood. | PSHE Year 8 Session 1 Year 9 Sessions 1 & 6 Year 10 Session 6 |
| | the physical and psychological consequences of addiction, including alcohol dependency | PSHE Year 8 Session 1 Year 9 Sessions 1 & 6 Year 10 Session 6 |
| | awareness of the dangers of drugs which are prescribed but still present serious health risks | PSHE Year 8 Session 1 Year 9 Sessions 1 & 6 |
| | the facts about the harms from smoking tobacco (particularly the link to lung cancer), the benefits of quitting and how to access support to do so | Science Year 8 & 9: Impact of smoking on the lungs & cancer. PSHE Year 8 Session 1 Year 9 Sessions 1 & 6 |

Section 11: Health and prevention

| | RSE criteria | Curriculum coverage |
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| Health and Prevention | about personal hygiene, germs (including microbes), the spread, treatment and prevention of infection, and about antibiotics | PSHE Year 7 Session 6 |
| | about dental health and the benefits of good oral hygiene and dental flossing, including healthy eating and regular check-ups at the dentist. | Enrichment summer term |
| | (late secondary) the benefits of regular self-examination and screening | Enrichment summer term |
| | the facts and science relating to immunisation and vaccination. | Science Year 10: Immunisation & vaccination |
| | the importance of sufficient good quality sleep for good health and how a lack of sleep can affect weight, mood and ability to learn | PSHE Year 7 Session 6 Year 8 Session 6 Year 11 Sessions 1 & 6 |

Section 12: Basic first aid

| | RSE criteria | Curriculum coverage |
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| Basic first aid | basic treatment for common injuries | PE Year 9: Activity blocks 5&6 Year 9 Session 1 Year 9 PD Immersion 2 |
| | life-saving skills, including how to administer CPR | Year 9 Session 1 Year 9 PD Immersion 2 |
| | the purpose of defibrillators and when one might be needed | Year 9 Session 1 PE Year 9: Activity block 5&6 Year 9 PD Immersion 2 |

Section 13: Changing adolescent body

| | RSE criteria | Curriculum coverage |
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| Changing adolescent body | key facts about puberty and the changing adolescent body | PSHE Year 7 Session 8 Science Year 7: Puberty |
| | the main changes which take place in males and females, and the implications for emotional and physical health | PSHE Year 7 Session 8 Science Year 7: Puberty |